



Random Act of Wildness

25

#30DaysWild



Race for a rainbow

Race to find the
colours of the rainbow



Draw a wild landscape

Can you use
your imagination?



Switch off to tune in

Can you turn off all
electronic gadgets today?



Pick up litter

Sweep the area for rubbish
and pop it in the bin



Write a wild poem

Use a haiku or sonnet to
recreate a wild experience

