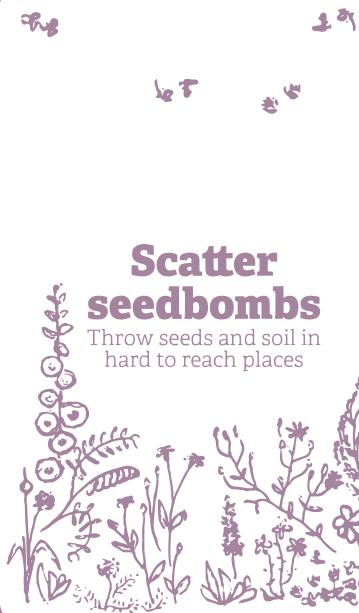




Random Act of Wildness

17

#30DaysWild



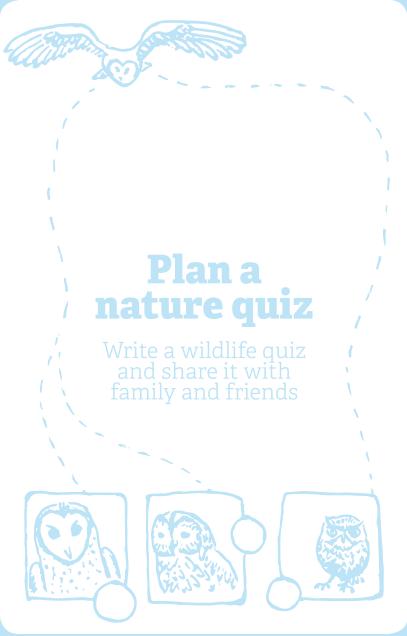
Scatter seedbombs

Throw seeds and soil in hard to reach places



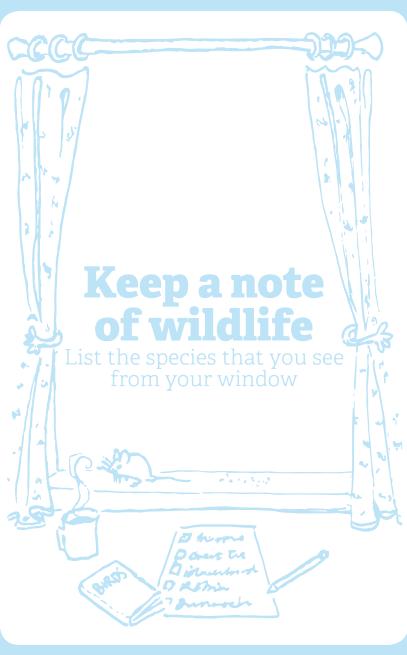
Meditate in the wild

Strike yoga poses - feel the stresses melt away



Plan a nature quiz

Write a wildlife quiz and share it with family and friends



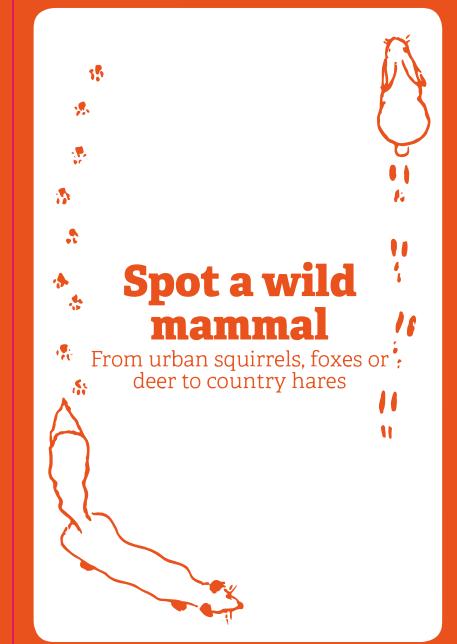
Keep a note of wildlife

List the species that you see from your window



Decorate with a wild mobile

Use twigs, string and leaves or paper birds



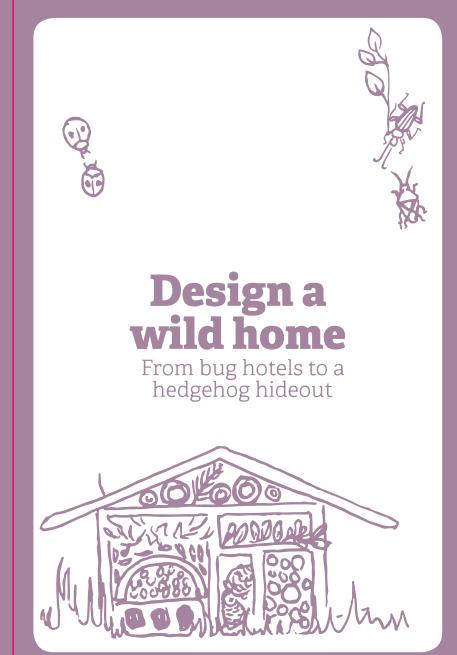
Spot a wild mammal

From urban squirrels, foxes or deer to country hares



Google wild facts

Discover secrets about your favourite animal



Design a wild home

From bug hotels to a hedgehog hideout