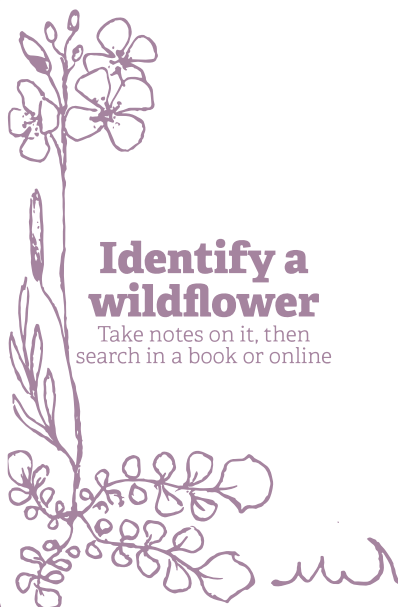




Random Act of Wildness

09

#30DaysWild



Identify a wildflower

Take notes on it, then
search in a book or online



Read a wild book

Find a book about wild
creatures and read outside



Picnic with the birds

Prepare a bird feast with
fruit, cheese and seeds



Create a work of art

Using leaves, pinecones,
feathers and twigs



Watch a wild webcam

Peek at ospreys, peregrines
and other wildlife



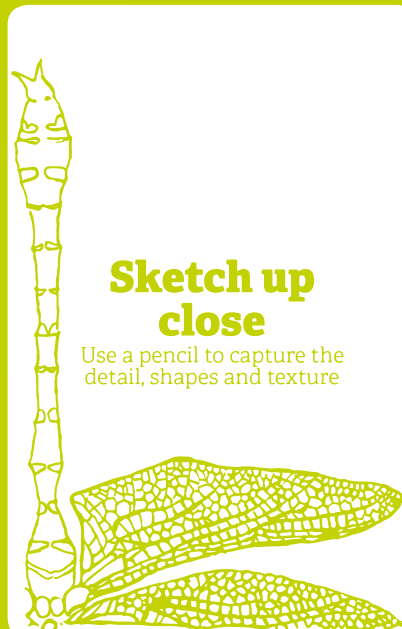
Search for mini wildness

Lichens, forests of moss
and flowers in pavements



Whistle with grass

Use a thick blade of grass
between your thumbs



Sketch up close

Use a pencil to capture the
detail, shapes and texture